

Young Life and Times 2024 survey questionnaire

Version B

Topics included:

- Background
- <u>General Health Questionnaire (GHQ12)</u>
- <u>Rights</u>
- Bereavement and Grief Education
- <u>Shared Education</u>
- <u>CRED</u>
- Gender-Based Violence

The first questions we would like to ask are about you and your family. We ask these questions to find out if young people from different backgrounds have different experiences. We cannot use this information to identify you.

1. What is your gender identity? (Select one answer only) RSEX

Male	1
Female	2
Non-binary	3
Male to female transgender	4
Female to male transgender	5
Other (type in)	6

2. How many years have you lived in Northern Ireland? (Type in) YEARSNI

_____Years

3. If you have not always lived in Northern Ireland, what other countries have you lived in? (Type in) WHERELIV

4. Would you describe the place where you live as ... (Select one answer only) PLACELIV

A big city	1
The suburbs or outskirts of a big city	2
A small city or town	3
A country village	4
A farm or home in the country	5
I don't know	6

5. Would you describe your area as... (Select one answer only) LIVEAREA

Mainly Catholic	1
Mainly Protestant	2
Neither Catholic nor Protestant	3
Mixed	4
I don't know	5

6. What have you been doing since October 2023? (Select one answer only) THISOCT

At school or college full time	1
Working full time	2
Working part time	3
At school or college and working part time	4
On a training scheme	5
Unemployed	6
Other (type in)	7

7. What do you think you will be doing in two years' time, in October 2025? (Select one answer only) OCT2YRS

Going to college or university full time	1
Working full time	2
Working part time	3
At college or university and working part time	4
On a training scheme	5
Unemployed	6
Other (type in)	7

8. What type of school do you attend? If you have left school, what type of school did you last attend? (Select one answer only) **TYPESCHL**

Planned Integrated	1
Grammar	2
Secondary	3
Irish Language	4
Special School	5
Further Education College	6
Other (type in)	7

9. Would you describe your school/college as... (Select one answer only) SCHGEND

An all-girls school/college	1
An all-boys school/college	2
A mixed boys and girls school/college	3

10. Would you describe your school/college as ...(Select one answer only) RELSCHL

All or nearly all Protestant	1
All or nearly all Catholic	2
Mostly Protestant	3
Mostly Catholic	4
About half Protestant and half Catholic	5
I don't know	6

11. Do you have any physical, mental or developmental/sensory health conditions or illnesses lasting or expected to last for 12 months or more? (Select one answer only) **DISAB**

Yes	1	Ask question 12
No	2	Skip to question 13

12. Does your condition or illness/do any of your conditions or illnesses reduce your ability to carry out day-to day activities? (Select one answer only) LIMDISAB

Yes, a lot	1
Yes, a little	2
No, not at all	3

13. Which of the following statements applies best to you? (Select one answer only) SEXATT I have felt sexually attracted:

only to females and never to males	1
more often to females and at least once to a male	2
about equally often to females and males	3
more often to males and at least once to a female	4
only to males and never to females	5
I have never felt sexually attracted to anyone	6

14. Do you currently live with your parents, including adoptive parents? (Select one answer only) LIVEPAR

Yes, with my mother and my father in the same household	1
Yes, with my mother, but not my father	2
Yes, with my father, but not my mother	3
Yes, with my mother for some of the time and with my father for some of the time	4
Other (Type in who you live with)	5

15. How well off do you think your family is financially? (Select one answer only) WELLOFF

	11
Not at all well off	1
Not very well off	2
Average	3
Well off	4
Very well off	5
I don't know	6

16. Do you regard yourself as belonging to any particular religion? (Select one answer only) ANYRELIG

Yes	1	Ask question 17
No	2	Skip to question 18

17. If yes, which? (Select one answer only) RELIGION

Church of Ireland (Anglican)	1
Catholic	2
Presbyterian	3
Methodist	4
Baptist	5
Free Presbyterian	6
Brethren	7
Muslim	8
Other (Type in)	9

18. Which of the following best describes the way you think of yourself? (Tick all that apply) NINATID

British NINATIDBR	1
Irish NINATIDIR	1
Ulster NINATIDUL	1
Northern Irish NINATIDNI	1
Other (Type in) NINATIDOT	1
I don't know NINATIDDK	1

19. Which ethnic group do you consider you belong to? Please choose one of the following options that best describes your ethnic group or background. (Select one answer only) ETHNCAT1

describes your ethnic group of background. (Select one answer only) ETHICATI			
White	1	Skip to question 21	
Irish Traveller	2	Skip to question 21	
White and Black Caribbean	3	Skip to question 21	
White and Black African	4	Skip to question 21	
White and Asian	5	Skip to question 21	
Other mixed/multiple ethnic background	6	Ask question 20	
Indian	7	Skip to question 21	
Pakistani	8	Skip to question 21	
Bangladeshi	9	Skip to question 21	
Chinese	10	Skip to question 21	
Other Asian background	11	Ask question 20	
African	12	Skip to question 21	
Caribbean	13	Skip to question 21	
Other Black/African/Caribbean background	14	Ask question 20	
Arab	15	Skip to question 21	
Any other ethnic group	16	Ask question 20	

20. How would you describe your ethnic background? (Type in) ETHNCAT2

21. Do you consider yourself to be a member of a minority ethnic community? (Select one answer only) MEMMEC

Yes	1
No	2

The next few questions are about how you have felt in the last few weeks.

22. Have you recently been able to concentrate on whatever you're doing? (Select one answer only) GHQ1

Better than usual	1
Same as usual	2
Less than usual	3
Much less than usual	4

23. Have you recently lost much sleep over worry? (Select one answer only) GHQ2

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

24. Have you recently felt you were playing a useful part in things? (Select one answer only) GHQ3

More so than usual	1
Same as usual	2
Less than usual	3
Much less than usual	4



25. Have you recently felt capable of making decisions about things? (Select one answer only) GHQ4

More so than usual	1
Same as usual	2
Less so than usual	3
Much less capable	4

26. Have you recently felt constantly under strain? (Select one answer only) GHQ5

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

27. Have you recently felt you couldn't overcome your difficulties? (Select one answer only) GHQ6

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

28. Have you recently been able to enjoy your normal day-to-day activities? (Select one answer only) GHQ7

More so than usual	1
Same as usual	2
Less so than usual	3
Much less than usual	4

29. Have you recently been able to face up to your problems? (Select one answer only) GHQ8

More so than usual	1
Same as usual	2
Less able than usual	3
Much less able	4

30. Have you recently been feeling unhappy and depressed? (Select one answer only) GHQ9

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

31. Have you recently been losing confidence in yourself? (Select one answer only) **GHQ10**

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

32. Have you recently been thinking of yourself as a worthless person? (Select one answer only) GHQ11

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

33. Have you recently been feeling reasonably happy, all things considered? (Select one answer only) GHQ12

More so than usual	1
About the same as usual	2
Less so than usual	3
Much less than usual	4

The next few questions are about the rights of children and young people.

34. Have you heard of the United Nations Convention on the Rights of the Child, also known as the UNCRC? **HEARDUNC**

Yes	1
No	2
Don't know	3

35. Have you heard of the Children's Commissioner for Northern Ireland, also known as NICCY? **HRDCOMM**

Yes	1
No	2
Don't know	3

36. What do you think the Children's Commissioner does? (Click one answer only) COMMDO

Carries out school inspections	1
Protects and promotes the rights of children and young people	2
Gives money to children to do projects	3
I don't know what the Commissioner does	4

37. The Commissioner has a duty to let children and young people and their parents/ guardians know about his work and how he can help. How would you prefer to get information from the Commissioner? (*Please select ALL that apply*) COMMINFO

Through school or youth group	1
On social networking sites (e.g., Facebook, TikTok, X (Twitter), Instagram)	1
Through the Commissioner's website	1
Through the media (TV, radio, newspapers)	1
Other (please type in)	

38. Part of the Commissioner's job is to listen to the views of children and young people on issues that affect them. How would you like to give your views to the Commissioner? (*Please select ALL that apply*) COMMVIEW

Through school or youth group	1
On social networking sites (e.g., Facebook, TikTok, X (Twitter), Instagram)	1
Through commenting on a website	1
By email	1
By texting	1
By phoning	1
By letter	1
Other (please type in)	

39. What social media platforms do you think the Children's Commissioner (NICCY) should use to reach out to young people about their work? (*Please select all that apply*) COMMSITE

Facebook	1
Instagram	1
Snapchat	1
TikTok	1
WhatsApp	1
YouTube	1
None – most young people don't use social media for things like this	1

The next few questions are about bereavement and grief education. We understand that bereavement is a sensitive topic that may be affecting you or someone you know. So, while our aim is to hear as many viewpoints as possible, if, at any time, you find any question upsetting, you can skip it.

If you would like more information about sources of support relating to be eavement you can contact:

Cruse - <u>Hope Again</u> HelpLine- 0808 808 1677 Winston's Wish- <u>https://www.winstonswish.org/</u>

Bereavement is the word used to describe when someone experiences the death of a loved one or someone important to them.

The term grief education is used to describe school-based learning to support all pupils to better understand the emotions that can come from a bereavement, to provide sources of support and to help with coping strategies.

40. How easy or hard do you think most people find talking about bereavement? BEREMOST

Very hard	1
Hard	2
Neither hard nor easy	3
Easy	4
Very easy	5
I don't know	6

41. What about you personally? How easy or hard do you find talking about bereavement? **BEREYOU**

	1
Very hard	1
Hard	2
Neither hard nor easy	3
Easy	4
Very easy	5
I don't know	6

42. Have you experienced the death of someone close to you? GEDEATH

Yes (please type in who)	1
No	2
I prefer not to say	3

43. How important do you think it is for schools to support pupils who have been bereaved? BERESUPP

Very important	1
Important	2
Neither important nor unimportant	3
Not important	4
Not important at all	5
I don't know	6

44. What practical support do you think schools could offer to pupils who have experienced a bereavement? (select all that apply) **BEREPRSU**

A quiet space to go when feeling overwhelmed	1
Specific person / people they can go to in the school if they need to talk	1
Flexibility and sensitivity especially at important times (e.g. anniversaries/birthdays)	1
i.e. leave class if they need to	
Extra time to finish schoolwork	1
Teachers talk to young person before sharing information about their bereavement	1
Help to access school-based counselling	1
Give information/support to access help outside school	1
Something else (Please type in)	
None - it doesn't help to get school involved	1

45. How important do you think is it for schools to offer grief education? GESCHIMP

Very important	1
Important	2
Neither important nor unimportant	3
Not important	4
Not important at all	5
I don't know	6

46. Below are some statements from other young people about why grief education in school can be helpful or not helpful. How much do you agree or disagree with these statements?

	Agree	Disagree	Don't know
Grief Education shows that bereavement is something that	1	2	3
happens to everyone at some point GEHELP1			
Dealing with bereavement is not something that can be	1	2	3
taught GEHELP2			
Grief Education might make it easier to talk about	1	2	3
bereavement GEHELP3			
Bereavement is a private matter that should be dealt with at	1	2	3
home / outside of school GEHELP4			
Grief Education can help young people who have been	1	2	3
bereaved to not feel so alone GEHELP5			
Talking about bereavement could make young people upset	1	2	3
or cry in class GEHELP6			
We can help others better with their bereavement if we	1	2	3
understand it ourselves GEHELP7			
It is not helpful to tell someone how they should or	1	2	3
shouldn't behave if they have been bereaved GEHELP8			

Makes young people more aware of the support that is	1	2	3
available if they experience bereavement and need help			
GEHELP9			

The next few questions are about education and school.

SHARED EDUCATION encourages schools to work together and partner with other schools where the pupils are from a different religious background, to include both Protestant and Catholic pupils. Such sharing has to take place on a REGULAR AND CONTINUED BASIS over the academic year. It cannot just be a joint Christmas concert or joint sports day. To count as Shared Education pupils might, for example, have classes or do projects with pupils from another school, or share computers or sports facilities on a regular basis.

47. Have you ever been involved in Shared Education? SEDUC

Yes	1	Skip to question 49
No	2	Go to the next question

48. Would you like to be involved in Shared Education? **SEFUT**

Yes	1	Skip to question 56
No	2	Skip to question 56
I don't know	3	Skip to question 56

49. Please select ALL the things you have done SEDONE	
I have had classes with pupils from other schools SEDONE1	1
I have done projects with pupils from other schools SEDONE2	1
I have used or shared sports facilities or equipment, like computers SEDONE3	1
I have done something else (Type in what you have done) SEDONE4	

50. How much did you like or dislike doing each of the following?

	Liked it a	Liked it a Liked it a	Did not	Did not	Did not
	lot	little	like it	like it at	do this
			very	all	
			much		
	1	2	3	4	5
Sharing classes SEDIS1	1	2	3	4	5
Doing projects together SEDIS2	1	2		4	5
Sharing sports facilities and computers or equipment SEDIS3	1	2	3	4	5
Being taught by different teachers SEDIS4	1	2	3	4	5
Travelling to a different school SEDIS5	1	2	3	4	5
Learning new things with pupils from another school SEDIS6	1	2	3	4	5
Doing classes we normally don't get to do at our school SEDIS7	1	2	3	4	5
Making new friends SEDIS8	1	2	3	4	5
Being with young people who are a different religion to you SEDIS9	1	2	3	4	5
Being with young people who are a different ethnic background to you SEDIS10	1	2	3	4	5
Being with young people who are a different social class to you SEDIS11	1	2	3	4	5

51. How much do you agree or disagree with this statement: Since taking part in Shared Education, I am better able to respect the views of others **SERESP**

Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	l don't know
1	2	3	4	5	6

52.Since taking part in Shared Education, how many close friends have you made with young people who are a different religion to you in the other school(s)? **SEFNDS**

None	1
1	2
2-4	3
5-9	4
10 or more	5
I don't know how many close friends I made	6
I don't know what religion the friends I made are	7

53. Did you have lessons on Learning for Life and Work/Citizenship as part of Shared Education? SELLW

Yes	1
No	2
I can't remember	3

Very favourable	1	
Favourable	2	
Neither favourable nor unfavourable	3	
Unfavourable	4	
Very unfavourable	5	
I don't know	6	Skip to question 56

55. Please explain below why you are in favour or not in favour of Shared Education? (Please type in) WHYFAVSE

56. Suppose a group of young people from another school/college were coming to do a project with your class, would you mind if they were from these types of schools?

	l would mind a lot	l would mind a little	I would not mind at all	l don't know
A primary school SHPRIM	1	2	3	4
A school for young people with special educational needs or disabilities SHSNEEDS	1	2	3	4
A school where most of the young people are a different religion to you SHDIFREL	1	2		4
A school where most of the young people are a different ethnic background to you SHDIFMEC	1	2	3	4
A school where most of the young people are a different social class to you SHDIFSC	1	2	3	4

A SHARED EDUCATION CAMPUS is where two (or more) schools share one building or where there are facilities in each school building which both schools use. One school would usually have mostly pupils from a Catholic background and the other school would usually have pupils mostly from a Protestant background and they would share classes and facilities with each other.

57. Would you like your school, or the school you last attended, to be part of a Shared Education Campus? SHLIKE1

Yes	1
No	2
l don't know	3

58. If your school was on a Shared Education Campus, do you think it should have the following: SEFAC

One main school entrance SEFAC1	1
Shared sports facilities SEFAC2	1
Shared lunchtime and dining	1
facilities SEFAC3	
A shared school bus SEFAC4	1
One school uniform SEFAC5	1

59. What do you think you would like or not like about being part of a Shared Education Campus? (Please type in) SECOMM

School and youth work are required to help young people to have a better understanding of diversity in our society and to promote the equal treatment of different groups. There are many different ways that this can be done, including discussions, subjects taught in school (for example, Learning for Life & Work or Religious Education), taking part in sports with people from other communities, either through school or a youth group, learning about other communities in a youth group and through shared classes with other schools.

60. Have you ever done any of the activities highlighted in the paragraph above? (Tick all that apply) CREDSH

Yes, in school as part of 'Shared Education' CREDSE	1	Go to Q61
Yes, in school, but not as part of 'Shared Education' CREDSCH	1	Go to Q61
Yes, in a youth project or youth centre CREDYP	1	Go to Q61
No, not in school or a youth project or youth centre NOCRED	1	Skip to question 63

61. Do you think that <u>your</u> school has encouraged understanding and promoted equal treatment for the following groups through these activities? **CREDSCH1** (*CREDSCHa-j*)

People with different political opinions	1
People with different religious beliefs	1
People from different ethnic groups	1
People of different ages (older and younger people/children)	1
People who are single, cohabiting, married or divorced	1
People with different sexual orientations	1
Men and women	1
People with a disability and those without a disability	1
People with dependants (e.g. children) and those without	1
People with caring responsibilities and those without caring responsibilities	1

62. Do you think that <u>your</u> youth project or youth centre has encouraged understanding and promoted equal treatment for the following groups through these activities? **CREDYP1** (*CREDYPa-k*)

People with different political opinions	1
People with different religious beliefs	1
People from different ethnic groups	1
People of different ages (older and younger people/children)	1
People who are single, cohabiting, married or divorced	1
People with different sexual orientations	1
Men and women	1
People with a disability and those without a disability	1
People with dependants (e.g. children) and those without	1
People with caring responsibilities and those without caring	1
responsibilities	
I never attended a youth project or youth centre	1

63. As a result of being involved in any of these activities in your school or youth centre or youth project do you now feel more favourable, more unfavourable or just the same regarding equal treatment of the following groups? CREFAV1-10

	I feel more favourable than I did before	No change- I feel just as favourable now as I did before	No change - I feel just as unfavourable now as I did before	I feel more unfavourable now than I did before
People with different political opinions CREFAV1	1	2	3	4
People with different religious beliefs CREFAV2	1	2	3	4
People from different ethnic groups CREFAV3	1	2		4
People of different ages (older and younger people/children) CREFAV4	1	2	3	4
People who are single, cohabiting, married or divorced CREFAV5	1	2	3	4
People with different sexual orientations CREFAV6	1	2	3	4
Men and women CREFAV7	1	2	3	4
People with a disability and those without a disability CREFAV8	1	2	3	4
People with dependants (e.g. children) and those without CREFAV9	1	2	3	4
People with caring responsibilities and those without caring responsibilities CREFAV10	1	2	3	4

The last set of questions is about gender-based violence. Gender-based violence is violence, abuse and harm directed against a person because of that person's gender, or violence that affects people of a particular gender disproportionately.

64. Based on this definition, and regardless of your gender, have you personally experienced any of the following in the last year because of your gender? (*Select all that apply*) GVTYPV

Physical Violence (e.g. Being beaten, slapped, pushed or restrained)	1	Go to Q65
Sexual Violence (e.g. Upskirting, unwanted touching, being coerced	1	Go to Q65
into sexual acts)		
Psychological Violence (e.g. Being insulted, stalked, harassed,	1	Go to Q65
controlled against your will, or threatened with violence)		
Online Violence (e.g. receiving threats online or via social media,	1	Go to Q65
online trolling, or being sent or being asked for intimate images		
against your will)		
None of these	1	Skip Q66
I don't know	1	Skip Q66

65. Where did the violence take place? (Select all that apply) GVPLAC

At home	1
At someone else's home	1
At school	1
Sports club	1
In a public building, e.g. a leisure centre, bus station,	1
In a café, restaurant, pub, club, disco	1
In a shop/ shopping centre	1
In a public outdoor space	1
On public transport	1
Online	1
Somewhere else (please type in where)	

66. How easy or difficult would it be for you to get help and support if you were a victim of gender-based violence? **GVHELP**

Very easy	1
Quite easy	2
Quite difficult	3
Very difficult	4
Don't know	5

67. If you were a victim of gender-based violence or abuse, who would you report it to? (Select all that apply) GVREPORT

A family member	1
A close friend	1
My boyfriend/girlfriend	1
A charity or helpline	1
The police	1
A doctor or nurse	1
A teacher or other staff member in school or college	1
Someone you trust in your church or religious community	1
Other (please type in)	1
I would not feel comfortable discussing or reporting it	1
I don't know	1

68. What might stop young people reporting the violence and abuse they are experiencing? (Select all that apply) GVSTOP

Being unsure who to speak to		
Not being sure that it would make any difference	1	
Worry that they would not be believed	1	
Concern that it might make the situation worse	1	
Not feeling that it is serious enough to report	1	
Worry that they have done something wrong	1	
Other (please type in what might stop them)		

69. Compared with two years ago, do you think women and girls in Northern Ireland are more likely or less likely to become victims of gender-based violence? GV2YRS

More likely	1
Less likely	2
About the same	3
Don't know	4

70. And thinking especially of online violence, compared with two years ago, do you think women and girls in Northern Ireland are more likely or less likely to become victims of gender-based violence online? GV2YONL

More likely	1
Less likely	2
About the same	3
Don't know	4

71. How safe or unsafe do you feel in the following places? GVSAFE

	Always safe	Mostly safe	Mostly unsafe	Always unsafe	l don't know
In a quiet street close to your home GVSAFE1					
In a busy public space such as a high street or train station GVSAFE2					
In a park or other open space GVSAFE3					
Using public transport on your own GVSAFE4					
When you are online GVSAFE5					

72. How much do you agree or disagree with the following statement? In my school or college we are taught about how to develop and maintain positive relationships with other people (for example family, friends and other students). **POSREL**

Strongly agree	1
Agree	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know	6

73. And do you think you generally have positive relationships with the following people?

	Always	Most of the time	Rarely	Never	Don't have that person
Your mother POSREL1	1	2	3	4	5
Your father POSREL2	1	2	3	4	5
Other family members POSREL3	1	2	3	4	5
Your close friends POSREL4	1	2	3	4	5
Other classmates in school/college POSREL5	1	2	3	4	5
Your boyfriend or girlfriend POSREL6	1	2	3	4	5
Someone else (Please type in) POSREL	7				

These questions have asked you reflect on a difficult issue that may be affecting you or someone you know. If you would like more information about sources of support relating to gender-based violence you can contact:

Domestic and Sexual Abuse (DSA) <u>www.dsahelpline.org</u>

The DSA helpline is available 24/7, for both men and women, and web chat is available via the website. DSA Helpline: 0808 802 1414.

74. We will be running another Young Life and Times survey next year. Is there anything that you think we should be asking about life in Northern Ireland in our next survey? (Type in). NEXTYEAR