



Mental Health
Foundation
Northern Ireland



Karen Hall
Head of Northern Ireland

Vision and Mission

Our vision is good mental health for all.

The Mental Health Foundation works to prevent mental health problems.

We will drive change towards a mentally healthy society for all, and support communities, families and individuals to live mentally healthier lives, with a particular focus on those at greatest risk. The Foundation is the home of Mental Health Awareness Week.

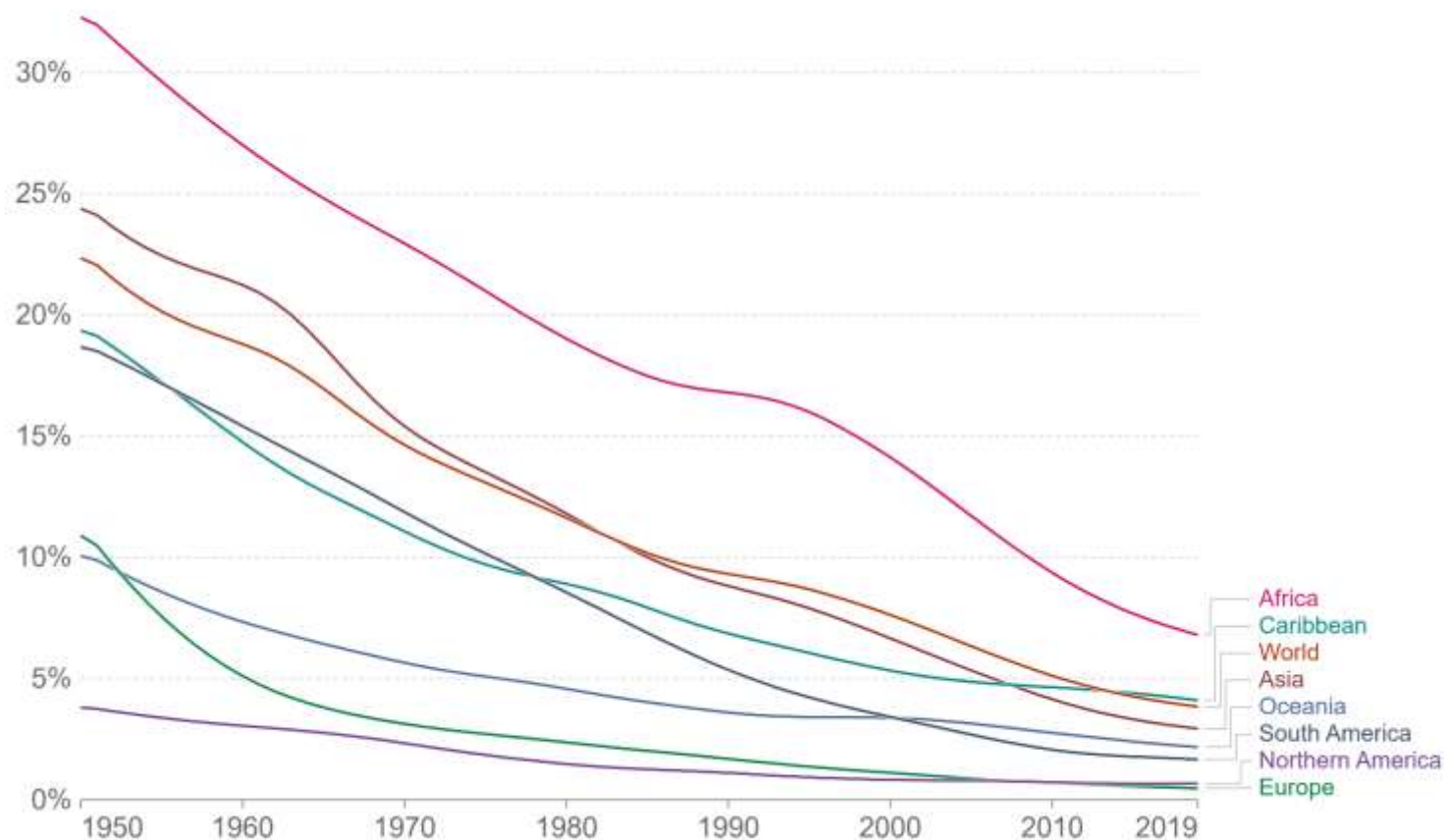


Huge strides have been achieved in physical health

Child mortality

Share of children, born alive, dying before they are five years old.

Our World
in Data



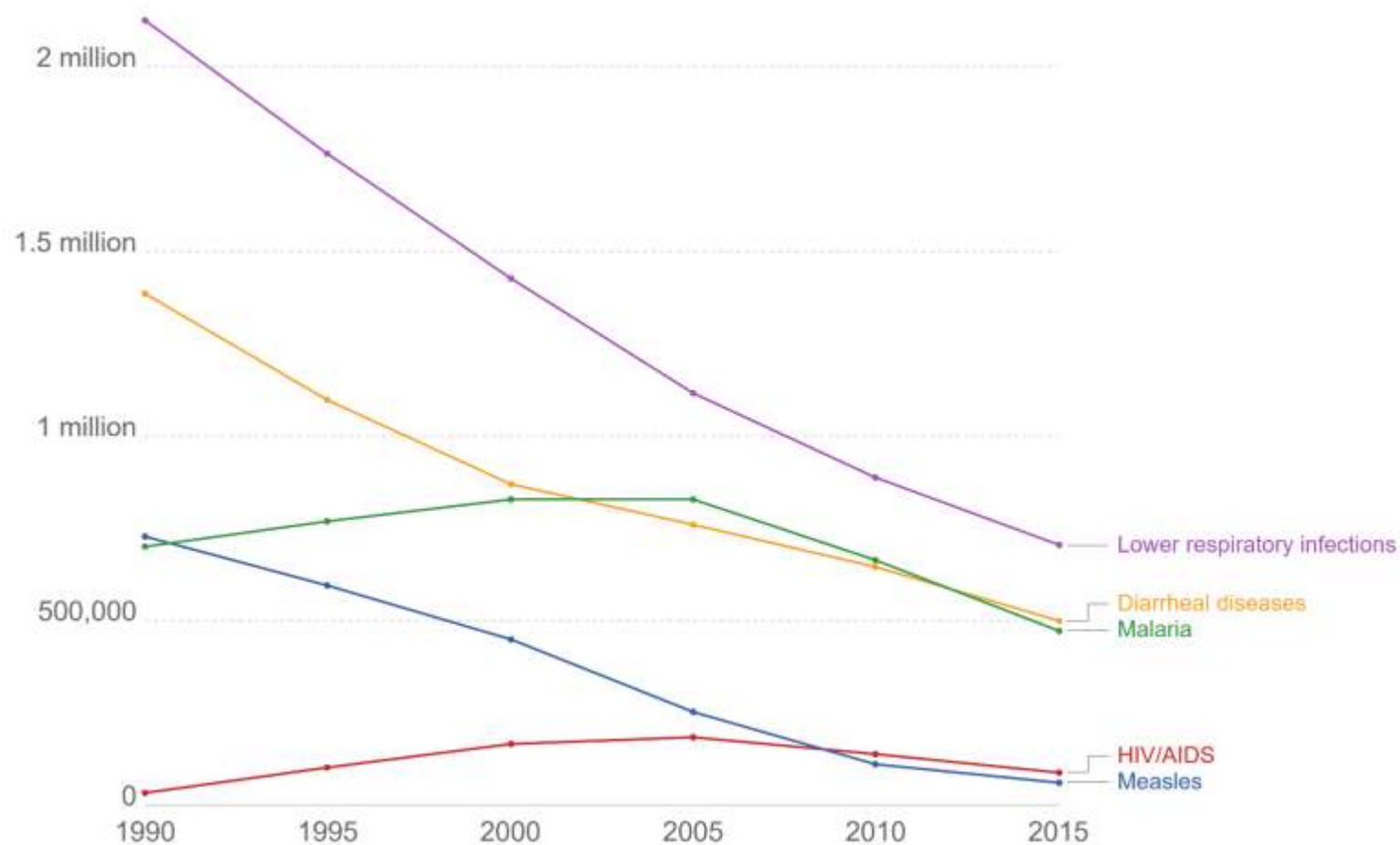
Source: United Nations – Population Division (2019 Revision)

OurWorldInData.org/child-mortality/ • CC BY



Huge strides have been achieved in physical health

Childhood deaths from the five most lethal infectious diseases worldwide



Source: IHME Global Burden of Disease (child deaths by disease) (2017)

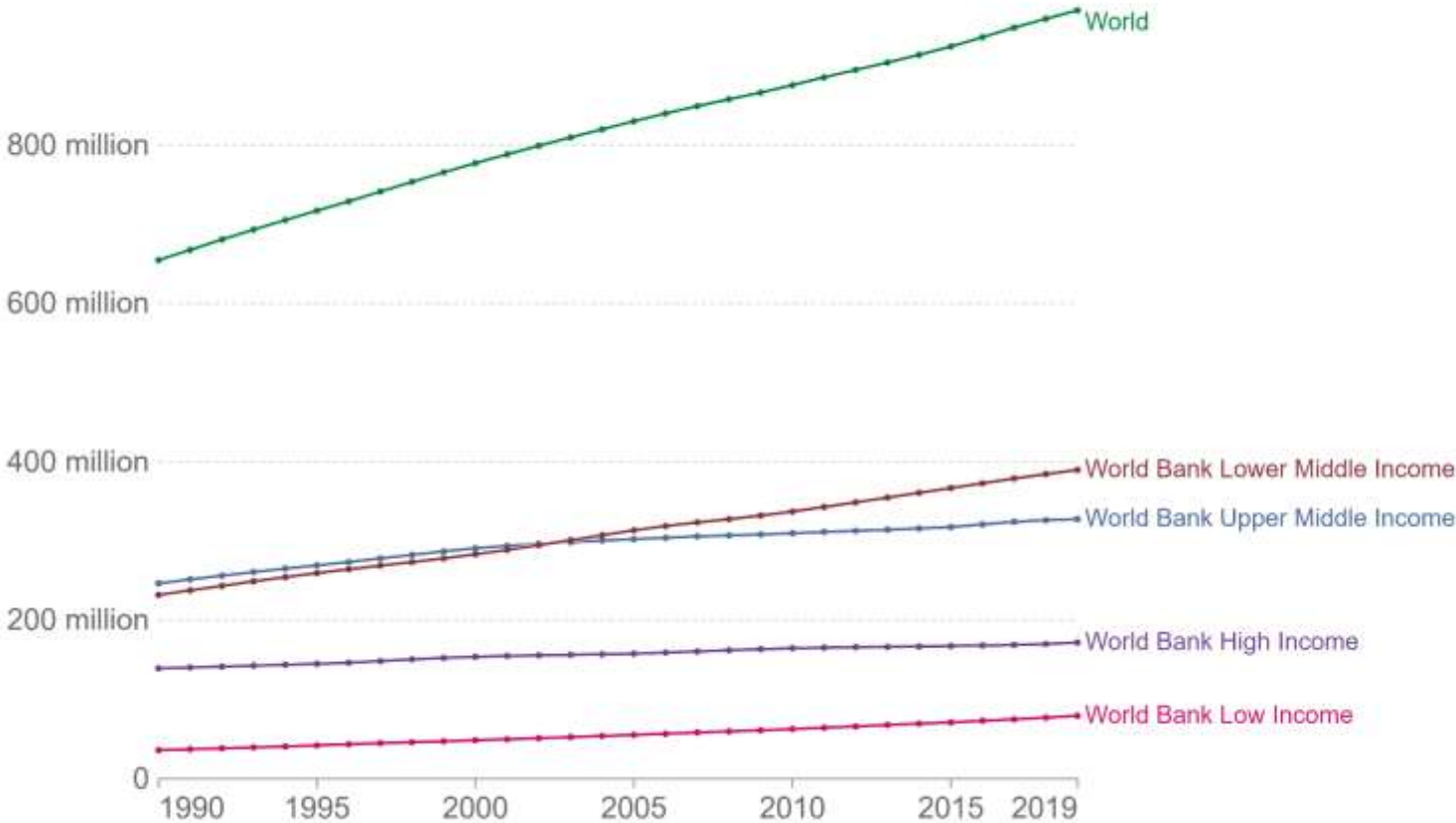
OurWorldInData.org/child-mortality/ • CC BY-SA



No such progress in mental health....

Number of people with mental health disorders, 1990 to 2019

Number of people with mental health and neurodevelopmental disorders, not including alcohol and drug use disorders. Figures attempt to provide a true estimate (going beyond reported diagnosis) of prevalence based on medical, epidemiological data, surveys and meta-regression modelling.



Source: IHME, Global Burden of Disease

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**Mental health
problems of all
kinds can be
prevented**

Reflections

#IveBeenThere



Mental Health
Awareness Week
9 - 15 May 2022